

Why a Nature Passport?

Connecting kids to animals and nature can have compound, positive affects for today's youth!

Nature enhances:

Relationships

Creativity

Critical Thinking

Problem Solving

Enthusiasm for learning

Focus and attention

Likelihood of a lifelong active lifestyle

Nature reduces:

Stress

Anger

Disruptive behaviors

Risk of Obesity

Interested in learning more? Visit The Children & Nature Network www.childrenandnature.org for more benefits of nature play and exploration.



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kids for nature

FORT WAYNE CHILDREN'S ZOO

NATURE PASSPORT

FIRST NAME _____

LAST NAME _____

AGE _____

Check off nature activities inside the passport and add up your points.

When you get 100 points, turn in this sheet for one FREE Child Admission Ticket* to the award-winning Fort Wayne Children's Zoo!

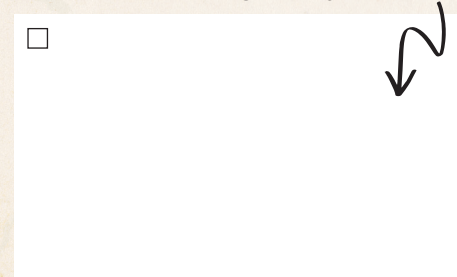
NAME _____ AGE _____

EXPLORE ON YOUR OWN - 5 POINTS EACH

- Write your name on the front of this passport
- Splash through rain puddles
- Look up! Find a cloud that is shaped like an animal at the Zoo
- Count the number of rings found on a tree stump
- Watch the sunset with friends or family
- Plant a seed and water it throughout the summer
- Listen to nature sounds with your eyes closed
- Use a branch to draw in the soil
- Find three trees that have different textured bark
- Read a book under a shady tree
- Take a walk and spot objects that start with each letter of the alphabet
- Form your favorite animal out of snow
- Press flowers on paper to create a nature inspired bookmark
- Build a bridge made of items found in nature
- Balance on a fallen tree log
- Find and smell different colored flowers
- Draw a nature picture from an ant's perspective
- Create music using nature items as instruments
- Roll down a grassy hill
- Build a floating raft out of nature items
- Play your favorite sport outside with family or friends
- Track and draw the changing moon phases
- Paint your favorite rock
- Follow a stream of water, where does it lead?
- Enjoy a picnic outside
- Create animal shadows on a sunny day

- Jump in a pile of leaves
- Go for a swim in a pool, lake, or pond!
- Make handprints in the mud
- Create a leaf rubbing using crayons, paper, and fallen tree leaves!
- Go on a bike ride with friends or family
- Find your reflection in a body of water
- Listen and imitate different bird calls
- Go stargazing with friends or family. Do the stars create any pictures in the sky?
- Build a nature fort, big enough for you to sit in
- Go barefoot on natural ground coverings
- Create your own backyard bug hotel by placing sticks and acorns in an outdoor container
- Look under a log, can you find any animals?
- Skip a pebble across a pond. How many times can your rock skip?
- Start your own nature journal and sketch your first entry
- Paint with water on your driveway or sidewalk. Watch your creations evaporate!
- Visit your local park
- Collect and group different rocks based on their color, shape, and patterns

Go on a scavenger hunt! Find and draw something crunchy, something soft, and something smelly.



Listen to the sounds of nature. Draw what you hear!

